

Buffaloed Spaghetti Squash

Buffaloed spaghetti squash is cheesy and a little spicy for a family dinner you can feel great about!

Stuffed Acorn Squash

Skip the bowl – Get in the mood for fall with this all in one autumn recipe.

Cabbage & Cranberries

Looking for a way to use up the turkey – look no further.

Peachy Chicken Picante

A one pot quick and easy meal that will have the whole family begging for more.

Grilled Eggplant with Microgreens

Jazz up your eggplant with some zesty ingredients, including horseradish, dijon mustard, and vinegar.

Broccoli Pasta Bake

A great low-fat back to school dish to make dinner easy on families.