

# Maple Roasted Vegetables

A sweet and savory side dish that pairs well with meat.

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# Oven Roasted Lima Beans

A healthy snack the kids will enjoy as an alternative to the bag of chips.

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# Lima Bean Summer Salsa

Ditch the jar and enjoy your own homemade salsa.

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# Asparagus Soup

A low-fat cream soup that can be enjoyed all season long.

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# Asparagus with Lemon Sauce

Drizzle a light lemon sauce over your asparagus for fresh flavor.

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## **Stuffed Peppers**

A colorful dish great for your main meal or a side.

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## **Kale Chips**

Watch these chips disappear – kids and adults equally love them.

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## **Watermelon Strawberry Sorbet**

Invite the kids into the kitchen to help make this cool dessert with you.

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## **Cherry Tomato Sauce**

A deep flavor sauce created using cherry tomatoes that thickens quickly.

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# Grilled Corn & Basil

Keep the extra butter in the frig – all the flavor you need is wrapped in the foil.