

Stuffed Pumpkin

Get creative and use the whole pumpkin with this recipe.

Oven Roasted Lima Beans

A healthy snack the kids will enjoy as an alternative to the bag of chips.

Blueberry Buckle

A great way to use up your blueberries for that next summertime get together.

Kale Chips

Watch these chips disappear – kids and adults equally love them.

Turnip Casserole

Add a new holiday recipe to your family traditions as an alternative to potatoes.

Strawberry Rhubarb Pie

Sure to be a state fair blue ribbon winner!

Broccoli Pasta Bake

A great low-fat back to school dish to make dinner easy on families.