

# Fresh Market Availability

From April through December, Delaware produces a bountiful amount of fresh fruits and vegetables, honey, cut flowers, and evergreens. Our seasonality offers distinct flavors, colors, and variety that appeal to all. As a consumer, you want the best for yourself and your family. Knowing that the fresh produce you purchased has had the minimum amount of time “off the vine” is essential. In a small state like Delaware, our farmers pick early in the morning, so you have the freshest selection at the market. And with less time to reach the market, nutrients are retained, making Delaware grown produce more nutritious. Our Fresh Market Availability Chart is a great reference to check before heading to the market.



# DELAWARE PRODUCE

## Fresh Market Availability

 Apples July - November	 Asparagus April - June	 Blueberries June - August	 Broccoli June - August	 Cabbage June - November
 Cantaloupe June - September	 Cucumbers June - October	 Eggplant July - October	 Green Beans June - October	 Peaches June - September
 Peppers July - October	 Potatoes June - August	 Pumpkin August-November	 Radishes May - October	 Squash July - September
 Strawberries May - June	 Sweet Corn June - October	 Sweet Potato August-November	 Tomatoes June - October	 Watermelon July - October

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